

Board of Directors

Bruce McIntosh
President

Diane Sargeant
Vice President

Scott Stonesifer
Treasurer

Rosalind Brendle
Secretary

K. Scott Burns
Buildings & Grounds Chair

Douglas Sheaffer
Fund Development Chair

Audrey Woloshin
Nominations Chair

Members

Howard Blumenthal
Eli Cvijanovich
Douglas D. Cooper
Sharon VanArsdale
Corrie Walb

The official registration and financial information for United Cerebral Palsy of South Central Pennsylvania may be obtained from the PA Department of State by calling toll free, within Pennsylvania, 1-800-732-0999. Registration does not imply endorsement.

Living Like it's the "Fourth of July"

"It was a lack of freedom." That is how Kelly Allison described her eight years in a nursing facility. "I didn't feel like I belonged there."

Kelly, who has cerebral palsy, wanted out. She wanted to live on her own. After all, she graduated from York College with a degree in Art. Why couldn't she survive in her own apartment?

In June 1991, despite her parents' fears, Kelly moved out of the nursing home and into her own apartment. "My parents finally calmed down after about a year," Kelly says, "and admitted that I made the right decision."

It was difficult at first. She had bills to pay and check books to balance—things she never had to handle before. However, UCP of South Central PA was there to help her make the transition go smoother.

Now, thirteen years after that first move, Kelly couldn't be happier. She's still living on her own in an apartment in York that she shares with her cat, "Babi." She describes her life with UCP as the "Fourth of July."

She's also putting her creativity and art degree to work by transforming Barbie dolls

into angels. Kelly takes donated Barbies, cleans them up, and creates very detailed hairstyles and clothing. Some of her over 200 angels that she has created take one to six months to make.

Her angels are so beautiful that they have recently taken her to the Governor's Mansion in Harrisburg. One of her angels, called "Ol' Time Holiday", is currently featured prominently in the reception area of the Rendell's home. Kelly also envisions her angels in the White House some day.

All in all, it's been an amazing ride for Kelly. "This is what I was meant to do," says Kelly. She never allows her disability to get in the way of her dreams. "I want what I want, when I want it, and I will stop at nothing to get it."

When talking about her years with UCP of South Central PA, Kelly says, "They've grown and gotten better. I foresee it getting better in the future."

To order an Angel from Kelly, please call UCP at 846-6062.



Kelly Allison at the Governor's Mansion with "Ol' Time Holiday"

UCP Acquires Accessible Van

UCP of South Central PA received a grant from the Edith L. Trees Charitable Trust in Pittsburgh to purchase a specially equipped van to transport our consumers with disabilities, particularly those using wheelchairs, for community integration and socialization activities.

The van has been used to meet a variety of important needs for the agency.



UCP's 1st Annual Celebrity Auction To Be Held on March 12



UCP of South Central PA will be holding its first ever Celebrity Auction on March 12, 2005 in Laird Hall on the campus of Wilson College in Chambersburg, PA. Doors will open at 11:00 am to bid on the silent auction items. The live auction will start at 1:00 pm.

UCP has already received signed items from Mark Martin, Kasey Kahne, Don Shula, Robin Roberts, Pat Riley, Diana Taurasi, Mike Krzyzewski, Elmo, The Wiggles, Joe Montana, Jim Taylor, Tommy McDonald, Brett Favre, Terry Bradshaw, Chuck Bednarik, Roger Staubach, Emmitt Smith, Rocky Bleier, Joe Paterno, Tiger Woods, Bobby Clarke, Jane Fonda, Robin Williams, Elizabeth Taylor, Matt Damon, Tim Allen, Celine Dion, Dale Earnhardt, Jr., Tony Stewart, Donald Trump, and much, more.

For a complete list of auction items, please see UCP of South Central PA's website at www.ucpsouthcentral.org or contact UCP at 1-800-333-3873.

All proceeds from the Celebrity Auction will benefit UCP's services for infants, children and adults with disabilities in South Central PA.



Joe Paterno sent a signed Penn State football for UCP's Celebrity Auction

Annual Celebration Held in October

On October 26, 2004, UCP of South Central PA held its Annual Celebration at Cross Keys Motor Inn & Conference Center. Almost 50 people attended this first time event.



Paulette Houghton with Kay Dunklebarger at UCP's Annual Meeting in October

At the Annual Celebration, the following UCP of South Central PA employees were given Outstanding Achievement Awards for 2003-2004:

- Kimberly Winhauer (Adult Programs)
- Amy Goodman (Children's Programs)
- Bill Long (Administration)
- Virginia Cvetan (Adult Programs)
- Shannon Raines (Children's Programs)
- Patricia Chilcoat (Fiscal)
- Christina Hoover (Fiscal)
- Dana Wenrich (Adult Programs)
- Michelle Hagarman (Children's Programs)
- Susan Loveland (Children's Programs)
- Michele Quint (Adult Programs)
- Kelly King (Fiscal)

The Volunteer of the Year Award was given to Peggy Moyer.

Thank you to all who were able to attend the event!

Sponsorship opportunities are now available for various special events that UCP of South Central PA will hold in 2005. As a UCP sponsor, your business will be provided with the reach and efficiency of measured media, the goodwill and positive imagery associated with UCP of South Central PA, the local relevance of grassroots partnerships, plus the added-value benefits of giving back to your community and supporting your employees, customers, and family.

Executive Director Update

By Paulette Houghton



We are into winter for certain and have weathered the elections as well. Our "Don't Block My Vote" campaign was a success in both raising awareness and getting new voters with disabilities engaged in the election process. There was also good news that many polling places ensured accessibility to the voting machines. The Help America Vote Act of 2002 and its federal mandates for polling place accessibility are due for full implementation by 2007. UCP staff was instrumental in assisting individuals with disabilities by transporting to voting sites and solving accessibility problems at some of the polling places. Many thanks to all who helped get the votes out.



As you may have read, President Bush signed the reauthorization of the Individuals with Disabilities Education Act of 2004 (IDEA). Congress worked across party lines to significantly revise the 29-year old IDEA, which governs special education for the nation's 6.5 million students with disabilities. The new Act will be called the IDEIA, or Individuals with Disabilities Education Improvement Act. This legislation reaffirms that all children have a right to a high quality education tailored to their needs, and that the federal government has an obligation to ensure that school districts and educators have the

appropriate resources to provide it. The Act increases parental involvement in the education of children with disabilities and provides Parent Training Institutes, where parents can learn to use resources available to them. The bill contains provisions for early intervention for children with special needs and mandates ongoing updates on student progress. The modernizing of the Act is a significant step forward in accountability, monitoring, support, expansion and transition. When we all work together, good things happen.

Locally, this was a good year for UCP. We were able to serve more persons with disabilities than ever before.

With the programs and grants we obtained throughout the year we were able to expand our services and to help more infants, children and adults with disabilities. Many thanks to the hard work of the UCP Board, to the staff who provide ideas, support and services, to the community who have donated so much of their time in volunteer efforts, and to those who donated funds or supplies to help support our mission.

You are worth a million!

Program Update— Attendant Care

The Attendant Care Program provides non-medical, in-home personal care and other approved support activities for mentally alert adults with physical disabilities who meet established age requirements and need assistance in accomplishing daily living tasks.

The services provided by the Attendant Care Program enable an eligible person to live in his/her own home and community rather than in a nursing facility. This service is free to those who have SSI, a Medical Assistance Card, or who meet low income guidelines.

Persons who qualify for this program but do not meet the above-listed criteria will pay a fee based on a sliding scale by income. Funding for the Attendant Care Program is provided by the Pennsylvania Department of Public Welfare.

Basic services include, but are not limited to:

- Assisting a person in/out of bed, wheelchair, and/or a motor vehicle.
- Help with daily functions such as health maintenance activities, bathing, grooming, dressing, eating, meal preparation and clean up.

If a person is assessed as needing one or more of the basic

services, the following services may also be provided:

- Homemaking-type services such as shopping, laundry and cleaning.
- Companion-type services such as assistance with transportation, letter writing and reading mail.
- Assistance with cognitive tasks such as managing finances and planning activities.

The Attendant Care Program is available to those who meet the following criteria:

- You are a resident of Adams, Franklin or York County, Pennsylvania.
- You are age 18 to 59.
- You have a medically determinable physical impairment which can be expected to last at least 12 months.
- You can select, supervise, and, if needed, dismiss your attendant.
- You manage your own financial and legal affairs.
- You need help to complete daily living tasks, self-care and mobility because of physical impairment.

For more information on the Attendant Care Program, please contact Kim Winhauer at 717-632-5552.

Volunteer Opportunities at UCP



Below is a list of volunteer opportunities that UCP currently has available:

Looking for a group of active volunteers to help start an after school program in the Hanover/Adams County area for youth with disabilities. The kids being served would be from grade K–8. Activities include: arts/crafts, movies, bowling, shopping, sports, etc.

Special Event/Fundraising Volunteers. Our special events are looking for new volunteer committee members to help plan the event. Events include: Casual Day, the Celebrity Auction, Holiday Gift Wrap, Life Without Limits Golf Tournament, and Ducky Derby.

Groups of people who can come in to the offices in both York and Hanover to clean toys for UCP's Child Development Group.

Individuals who would be interested in helping put together UCP's bulk mailings. Bulk mailings include newsletters and direct mail appeals.

Individuals who would be interested in cleaning and refurbishing electric wheelchairs.

Individuals who would like to help with data entry.

Anyone interested in volunteering for UCP can do so by contacting Jim Poster at 717–632–5552 or via email at jposter@ucpsouthcentral.org.



Once again our annual Children's Christmas Party in Hanover was a huge success. We had over 40 families join us. Santa was here to take requests and the children went home with a small gift from dear old St. Nick. Everyone enjoyed eating cookies, making crafts and socializing with each other. The mood was quite festive and we all had a wonderful time.

UCP Receives Two New Grants

UCP of South Central PA was awarded a grant worth \$17,000 from the Robert C. Hoffman Charitable Endowment Trust. The grant will be used to develop a Direct Care Staff Mentoring Program and create a new Direct Care Mentor position in Adams County.



The Mentor will serve as a liaison to the existing Consumer Advisory Council. This participation with consumers will facilitate identification of problem issues, training needs, and possible solutions. The mentor will also assist the Advisory Council in developing shared training experience for consumers and staff relating to Consumer Independence and Community Integration.

In other grant news, UCP of South Central PA was informed that the organization will receive a Building Inclusive Communities for Children and Youth Grant for \$3,000. The grant will be used to sponsor a number of presentations of the play "Samerent and Differame" to area elementary schools and community organizations. The play is a production developed by grant partners DreamWrights Youth and Family Theatre and the York Jewish Community Center. The play is a live, fun, colorful show teaching children the importance of accepting differences and respecting each other. Each cast member has experienced feelings of exclusion and intolerance based on a difference he or she has. Look for its showing in your local school.

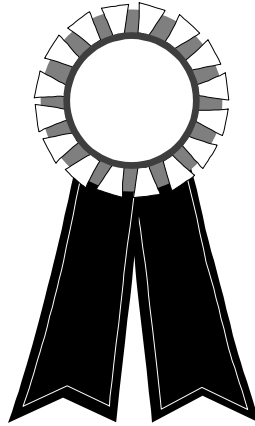
For more information on these new grants, please contact Bill Long at UCP at 717–632–5552.

Thank You For Your Help!!!



Thank you to the following donors who have made a financial contribution to UCP of South Central PA since October 1, 2004. UCP relies on community-minded individuals and corporations to help us in our mission of improving the lives of infants, children and adults with disabilities.

Aero Energy
David & Beatrice Bair
John Barler
Anthony & Lisa Barrett
Andrew & Jennifer Burkhart
Bill & Rose Burness
Scott Burns
Colonial Chrysler–Dodge–Jeep
Jessica Crouse
Eli & Linda Cvijanovich
Ronald L. DeShong
Donald B. Smith, Inc.
Dugan Funeral Home
Family Child Resources
Joseph & Julianne Fasnacht
Joyce Frey
Joel & Bonnie Gabler
Garrick Jewlers
Eric & Lorraine Gebhart
Marsha Gebhart
Glatfelter Employees
Delores M. Good
Amy Goodman
Gaylynn Gorman
Michelle Hagarman
Hanover Area Family YMCA
Hanover Pediatric Associates
IAM Tyson Lodge #175
Margaret Moul Home
Zereau Higgins
Terry & Shawnee Hoff



Paulette Houghton
Lawrence B. Sheppard Found
Locust Run Kennels
Bill Long
Susan D. Loveland
Wade Markel
Mason Dixon Corvette Club
Wynell McGuire
Jacklyn Moore
Suzanne Moyer
Gary & Naomi Nalavany
Wayne & Maria Paup
Pittsburgh Steelers Fan Club
William Posner
Redding Auction Service
Diane Sargeant
Travis & Christine Sherman
Dennis & Karen Shive
Luz & Jess Socrates
Scott Stare
State Farm Insurance
Thad Stultz
Philip & Julie Tarquino
Robert & Sharon Templeton
The Klingler Family Sawmill
United Way of York County
Sharon & Jay VanArsdale
Corrie Walb
Westgate Restaurant
Danny & Nancy Wineholt
Debbie Zipfel

If you made a contribution to UCP between October 1 and December 13 and were not listed, please contact UCP of South Central PA at 717–632–5552.

UCP's *Life Without Limits* Golf Tournament

It's not too early to be thinking about golf!!

UCP of South Central PA will be holding its *first* annual Golf Tournament on July 13, 2005 at the *Links at Gettysburg*. Individuals and corporate sponsored foursomes will compete in a scramble format. The day will be filled with challenges, contests and prizes galore!! The full day of golf will be followed by a delicious dinner at the Links.

For more information on UCP's Life Without Limits Golf Tournament, or if you would like to serve on the Golf Tournament's planning committee, please contact Janine Boyer at 717–632–5552.



Strategic Planning Initiative Moves Forward



UCP of South Central PA's strategic planning initiative, which began in late May with a one and one-half day "Futures Forum" in Cross Keys, is rapidly approaching its action planning phase.

Over the past six months approximately twelve staff and Board representatives have met regularly in two-hour sessions to analyze data generated through the Forum and produce a plan that will assist the Agency to move toward its mission and vision of an ideal future. In November, staff throughout the Agency had the opportunity to review and comment upon the draft Mission, Vision and Belief Statements generated by the Planning Committee.

These elements serve as the "heart" of the planning effort. Valuable input received from site discussions are being evaluated for possible revision of the mission, vision and belief statements. A special thanks goes to everyone in the

UCP family who took time to think about and comment upon these important elements of our plan.

The major work of the Planning Committee currently is to determine action priorities (goals) for UCP for the next three years, the means for addressing these priorities (strategies) and the specific action steps necessary to accomplish objectives over the next three years. Emerging priorities include: internal communication, funding, service gaps, staff retention, marketing and advocacy/education. Action Planning Teams will be convened in each priority area in January to do the work necessary to turn ideas into realistic action which addresses critical issues for UCP and those it serves in south central Pennsylvania.

With luck, good weather and hard work, our plan will be completed by the end of March 2005.



UCP's Wish List

UCP of South Central PA is in need of the following items. If you or your company would like to donate any of these items, please call Jim Poster at (717) 632-5552.

tissues
baby wipes
juice
snacks
band-aids
first aid materials
diapers
art supplies (construction paper, glue, scissors, markers, crayons, etc....)
children's books
toys for child development group

film (polaroid, 35 mm, or disposable cameras)
bulletin board supplies
holiday fun stuff
children's CD's
VHS tapes
DVD player
clock with a 2nd hand
toys (no stuffed animals)
plastic sippy cups
cups with tight lids and straws
napkins
small paper plates
Clorox wipes
childrens dry erase markers and dry eraser stickers





Make Your Contribution Today



You can help make a difference in the lives of thousands of individuals with disabilities in South Central Pennsylvania by making a contribution to UCP of South Central PA. Here's how...simply fill out the form below and send to: UCP of South Central PA, Attn: Development Office, 788 Cherry Tree Court, Hanover, PA 17331. Please make checks payable to: **UCP of South Central PA**

Name: _____

Address: _____

City: _____ State: _____ Zip: _____

Phone: _____ Email: _____

Yes, I would like to make a tax-deductible donation to UCP of South Central PA

Enclosed is my donation of:

\$25 \$20 \$15 Other

Other Important Dates & Info.

Looking for that perfect gift? Why not shop online at www.ucpsouthcentral.org? Hundreds of stores are featured including: Barnes & Noble, Best Buy, Circuit City, KB Toys, Fossil and much, much more! Proceeds benefit UCP of South Central PA's programs for people with disabilities.

UCP's 1st Annual Celebrity Auction will be held on March 12, 2005 on the campus of Wilson College in Chambersburg, PA.

Casual Day 2005 will be held in June.

Want to find out more about UCP of South Central PA's services for infants, children and adults with disabilities? Then visit our website at www.ucpsouthcentral.org.



cornUCoPia

Publication of UCP of South Central Pennsylvania

Staff

- Paulette Houghton**, Executive Director
- Allen Onelius**, Chief Financial Officer
- Kim Winhauer**, Director of Adult Services
- Amy Goodman**, Director of Children's Programs
- Shannon Raines**, Director of Children's Programs
- Heather Madsen**, Director of Children's Programs
- Jim Poster**, Director of Development & Comm.
- John Barler**, Director of Human Resources
- Charles Chance**, Director of Training & IT Services
- Bill Long**, Grant Program Manager

788 Cherry Tree Court
Hanover, PA 17331
Phone: (717) 632-5552
Toll Free: (800) 333-3873
Fax: (717) 632-2315
www.ucpsouthcentral.org

Serving York, Adams, Franklin & Fulton Counties
A United Way Agency

What is UCP of South Central PA

UCP of South Central PA is committed to enhancing the lives of children and adults with disabilities by providing services that help them to become strong, independent and productive individuals.

UCP of South Central PA offers the following services:

Early Intervention— The Parent–Infant Program for Early Intervention provides in–home services to children up to age three including physical therapy, speech therapy, occupational therapy, and home–based teaching.

Child Development Group— For children 18 months to three years of age, a developmentally appropriate curriculum for all children, regardless of abilities.

Elks Home Service Nurse— In–home information, support and referral services for people with disabilities.

Community Services Program for persons with Physical Disabilities— Training and assistance to adults with physical disabilities who wish to remain active or live independently in the community.

Attendant Care— The Attendant Care Program provides in–home personal care assistance to mentally alert adults with physical disabilities, allowing them to remain in their homes instead of a nursing facility.

Ticket To Work— Provides referrals and support to adults with disabilities who wish to return to work.

CommCare— Provides in–home personal care and respite to adults who have a traumatic brain injury.

Mentoring Children Program— Provides mentoring services to children ages 4 through 14 whose parents are incarcerated.

UCP of South Central PA serves citizens in York, Adams, Franklin & Fulton Counties.



It is the mission of UCP of South Central PA to enhance the lives of infants, children and adults with cerebral palsy, developmental

NON-PROFIT ORG.
U.S. POSTAGE
PAID
PERMIT NO. 235
HANOVER, PA

UCP of South Central PA
788 Cherry Tree Court
Hanover, PA 17331
(717) 632-5552
www.ucpsouthcentral.org

