



Life without limits for people with disabilities™

Life Without Limits

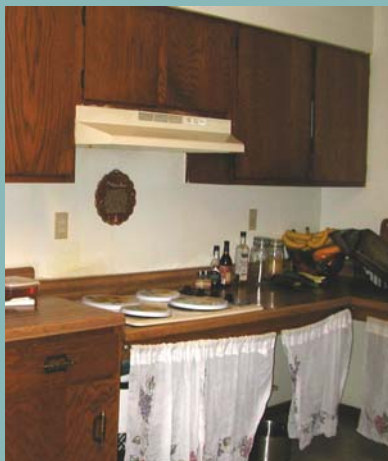
OUR MISSION

To maximize independence and opportunities for full participation in the community for individuals with cerebral palsy or other disabilities, and their families, by raising the standard for quality programs, service and advocacy.

Extreme Kitchen Make-Over!

The Group home supported by United Cerebral Palsy underwent an extreme make over this fall. The dark, outdated and well worn cabinets and appliances were replaced with bright, light and modern furnishings. Oak cabinets with green countertops, a flat surface stovetop and a large wall oven are the highlights of the remodeling. New paint and tile floors will complete this project next month.

UCP built the home to be accessible for individuals with physical disabilities in 1984. The home offered an alternative to large institutions and nursing homes for eight people with developmental disabilities. Many of the individuals who have lived at the group home have moved to smaller Community Integrated Living Arrangement (CILA) homes that are supported by UCP in the Springfield community. Other individuals have gone on to live in their own homes including two former residents who married and purchased their own home!



(Left to Right) Group Home kitchen before the remodel; after the remodel.

Message from the President/CEO

United Cerebral Palsy is proud to be a member agency of United Way throughout our 27 county service area. UCP partnerships include United Ways of Central Illinois, Decatur and Mid-Illinois, Logan County, Prairieland in Jacksonville, Christian County and Montgomery County. Funds received through United Way are used to support program services for children and job training for adults with disabilities. The programs supported through United Way, such as UCP and dozens of other local agencies depend on the generosity of the community. I hope that you will consider a gift to United Way in your local Community.

Sincerely,

Brenda L. Yarnell, Ph.D.
President/CEO

UCP has new Transition Job Training Site

UCP is pleased to announce a new job training site for individuals with disabilities. This project allows students and recent graduates with disabilities to receive on-the-job training in many aspects of the food service and vending service industry and was a collaborative effort between UCP, Illinois Department of Transportation, the Business Enterprise Program for the Blind, and the Secondary Transition Experience Program. The new location is the Illinois Department of Transportation's Harry Hanley building in the cafeteria. Individuals involved in the program have the opportunity to learn real work skills and to be more prepared for their future. UCP provides a Job Coach to work with the individuals and provides them with hands on training. Students in high school receive class credit for attending the training program. All parties involved are excited about this new opportunity and IDOT has expressed interest in expanding the program statewide.

Cachet Club Supports UCP Camps

The Cachet Club has allocated \$3,261 toward UCP summer camps as a result of their geranium sales. Proceeds from the club are used to fund a registered nurse to be on staff during the annual Recreational Camp that is held each June at Lake Springfield Christian Assembly Campground.

Bloomington News

Jeffery McHorter's photo was recently published in Special Opportunities Available in Recreation (SOAR). Jeffery is a rider in a therapeutic horseback riding program sponsored by the Bloomington-Normal Parks and Recreation departments.

Mark Your Calendar!

**UCP Annual Telethon Sunday
January 29, 2006
Crowne Plaza Hotel**

UCP Benefits from American Business Club of Springfield Charity Open



Judge Leo Zappa and Polly Jamison with an AmTryke® recipient at the ABC Golf Outing.

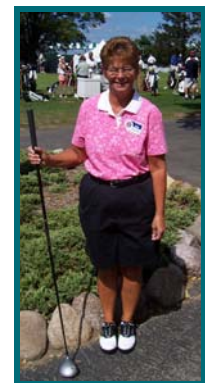
The American Business Club of Springfield hosted the first annual charity open at Piper Glen golf course on October 7 benefiting UCP. The open was a huge success raising over \$10,000. Proceeds from the open will be used to purchase new AmTrykes® as well as to support UCP's programs for children.

Thank you to our sponsors who helped make the first open such a success: Landmark Automotive Group, Al Young—ReMax Professionals, Cavanagh, Madonia & Leahy LLP Attorneys at Law, Chase Small Business Banking, E & F Distributing, Four Seasons Sports Bar, Hickory Point Bank, Hilton Springfield, Illinois National Bank, Indenti-Check, Inc, Kerber, Eck & Braeckel LLP—CPA's and Management Consultants, King Technology, Inc, Lausen Family Practice, Lincoln Yellow Cab, Londrigan, Potter & Randle, P.C. , Marine Bank, Martin Engineering Company, Merrill Lynch, Napa Auto Parts—Butch Elzea, Nextel, Nicoud Insurance, Oak Park Subdivision Corporation, Qik-n-EZ, RKB Appraisal Service— Robert Briney, R.W. Troxell, Sharp & Harmon Law Office, Small Business Growth Corp, The Dove Team ReMax Professionals, Tobin Jewelers, Tom Cavanagh-Sangamon County Treasurer and Watts Copy Systems. In-Kind Sponsors: AB Compuprint, Forty-Niner Bye-Bye, Jim Herron Ltd-Marc Maslauski, Judy Barr Topinka-State Treasurer, Mike Reisinger-State Farm Insurance, North West Mutual Financial Network, Poe's Catering, Sammy's Sports Bar, Springfield Racquet & Fitness, Vala Companies and Zara's Collision Center.

A special thank you to the committee members Jason Mahon, Paul Antonacci, Aaron Johnston, Eric Oswald, Mike Blunk and Paul Wappel. We appreciate the work of ABC on behalf of United Cerebral Palsy and children with disabilities.

LPGA STATE FARM CLASSIC GOLF TOURNAMENT

UCP Land of Lincoln is one of the major charities of the State Farm Classic. During the week of the tournament, UCP volunteers staffed the Longest Drive Contest, shuttled pro-am players, marshaled and served food in the volunteer tent. The State Farm Classic is a premier event for Springfield and Central Illinois. UCP is fortunate to be associated with the tournament. Thank you to the many volunteers who helped UCP be a good partner with the State Farm Classic.



(Top left) Pat Hurst kisses the Bruce Callis trophy after winning the LPGA State Farm Classic; (Top right) UCP raffle winner Nancy Harbour won her chance to slice it up with the pros during Pro-Am day; (Bottom) Longest drive winner Eric Dasher poses with his trophy. Proceeds from the longest drive were donated to UCP.

UCP Land of Lincoln CEO Receives Award

The Board of Directors of United Cerebral Palsy recently recognized President/CEO Brenda Yarnell, Ph.D. for twenty-five years of service to the organization. During Brenda's tenure, UCP has evolved from a staff of nine, serving 100 adults and children in case management and adult day services, to annually serving more than one thousand adults, children, and families in early intervention, developmental training, community employment, residential services, and assistive technology. Land of Lincoln's service area has expanded from 18 to 27 counties in central Illinois.



Board Chair Judge Leo Zappa presents CEO Brenda Yarnell with an award for her 25 years of service.

Brenda has represented UCP on the UCP of Illinois Board of Director's, the Illinois Planning Council on Developmental Disabilities, the Illinois Interagency Council on Early Intervention, and the Illinois Office of Rehabilitation Services Facility Advisory Committee. She was the chair of UCP Region 4 for four years and served on the UCPA marketing committee. In 2004 Brenda received the Kathleen O. Maul leadership award at UCPA conference in Boston. She serves as chair of the program committee for the 2006 UCPA annual meeting. In June Brenda was elected by the UCPA membership to the five member Professional Council of United Cerebral Palsy Associations, Inc. Congratulations Brenda on your wonderful achievement!

UCP Holds Day Camp in Decatur



UCP in Decatur held a new summer camp from August 8th through the 12th. Thirteen children ranging from ages 6 to 21 attended the second camp of the year. Activities included a trip to the Decatur Children's Museum, a fishing and wilderness tour at Rock Springs Conservation Center, demonstrations by the Macon Resources Tae Kwon Do students, indoor Olympics and craft projects that included t-shirt painting and candy dishes. Thank you to all the volunteers who helped make the new summer camp a success and to Kemper Willcut for his help with renting the transportation.



(Above) Day campers and staff pose for a picture at the Decatur Zoo; (Below) Campers fish at Rock Springs Conservation Center.

Upcoming Events & Volunteer Opportunities

November 3, Thursday

Annual Meeting at Crowne Plaza

December 5, Monday

*Children's Christmas Gathering,

December 28-30, Wednesday—Friday

Computer Camp, youth 6-12 years

January 8, Sunday

*Knights of Columbus/UCP Breakfast

January 14, Saturday

*Decatur's Barstool Open

January 29, Sunday

*UCP Annual Telethon

February 25, Saturday

*Mardi Gras Magic

***Indicates volunteer opportunities. If you would like to volunteer or register for any of the above listed please call (217) 525-6522 for more info.**

Memorials

In memory of Michael Williams

Mr. & Mrs. John Moulton

Mr. Jack Williams

Chatham Special Olympics

In memory of Kenneth Hepner

Ms. Hilda Lynch

In memory of Mary C. Pierrera

Ms. Laura Crifasi

Mr. & Mrs. Anthony Crifasi

Ms. Angela Ciaccio

Mr. & Mrs. Jay Bales

Welcome Aboard!

Lesley Cooper, a Southern Illinois University at Carbondale graduate was recently hired as the new events coordinator. Cooper will assist in the planning and implementation of a variety of fund raising special events such as the Holiday Canister Program, Annual Telethon, Casual Day, State Fair Parking, State Farm Classic, ABC/UCP Golf Outing, Barstool and Blue Chip. She also will coordinate the company newsletter, website updates, grant writing and marketing for UCP.



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Life Without Limits is published by UCP Land of Lincoln quarterly. If you do not wish to receive future editions of this newsletter, please mail your label to:

**UCP Land of Lincoln, 101 N. Sixteenth Street
Springfield, IL 62703**

Thank you State Fair Volunteers!

UCP's volunteers came out in droves! With 54 volunteers selling tickets, taking tickets and directing parking. Proceeds from the American Business Club will benefit UCP's Children's Services. Thanks to the many volunteers who braved the heat and pouring rain by volunteering during the State Fair. Our hats off to you!



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ANNUAL MEETING

The 2005 Annual Meeting will be held Thursday, November 3rd at the Crowne Plaza from 6 pm to 8 pm. For reservations contact René Fein, (217)-525-6522.

MARK YOUR CALENDARS!

**Knights of Columbus Breakfast Benefiting UCP
Sunday, January 8, 2006**