

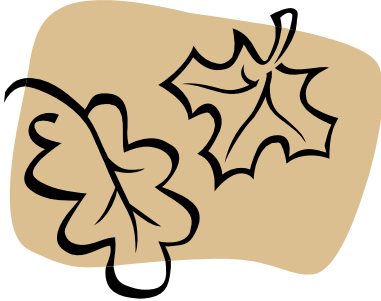
THERAPY CENTER:
2075 MAX LUTHER DRIVE
HUNTSVILLE, AL 35810
(256) 852-5600

TRAINING & TECHNOLOGY CENTER:
1856 KEATS DRIVE
HUNTSVILLE, AL 35810
(256) 859-4900



Newsletter for our Families and Friends

For further information and updates, please visit www.ucphuntsville.org



COMING EVENTS:

- October 5 ~ UCP Inaugural Golf Tournament at The Ledges
- October 22 ~ Taste of Huntsville, VBC South Hall 5:30-8:30 p.m.
- November 2 ~ Havoc Waiter Night, -Logan's on Balmoral Drive 5-9 p.m.
- November 16-19 ~ Early Intervention/Preschool Conference, Birmingham
- November 21 ~ Krispy Kreme Challenge and Fun Run 8 a.m.
- December 6 ~ Family Holiday Party, ADRS 2-4 p.m.

Cold and Flu Season is here!

At the UCP centers, our toys, treatment rooms, and public areas are routinely cleaned and/or sanitized. With the cold and flu season upon us, we are increasing our efforts to help prevent the spread of germs and/or viruses.

Please remember, your child should be fever-free without fever-reducing medications for at least 24 hours before any therapy appointments. Our therapists and staff members see many children and we do not want to spread any illnesses.

You can help, too! Remember to cover your coughs and sneezes and keep hands clean!

KRISPY KREME CHALLENGE AND FUN RUN NOV. 21

Huntsville's first Krispy Kreme Challenge to Benefit UCP will take place Saturday, Nov. 21, at 8 a.m. at East Clinton Elementary School (200 White Street). **The Challenge:** Run 2 miles from the start line in beautiful downtown Huntsville to Krispy Kreme on North Memorial Parkway; Eat 1 dozen glazed doughnuts; Run 2 miles BACK to the finish line...ALL IN ONE HOUR!

Not up to the Challenge? Join us for the 1-mile Fun Run, sponsored by Booz Allen Hamilton, where Casual participants are invited to run, jog, walk or stroll and enjoy a few doughnuts in support of UCP! The family-friendly Fun Run area will also feature a moon bounce, face painting, a visit from Chaos of the Huntsville Havoc and much

more! All proceeds benefit UCP client services.

Registration is \$20 for Challenge Participants (who will attempt to complete the Challenge) or \$15 for Casual Participants (who choose the Challenge route or Fun Run route and may or may not eat a few doughnuts in support of UCP). Each participant will receive a T-shirt.

Families are welcomed and encouraged to participate. Strollers will be permitted for Casual Participants on the Fun Run, which will begin shortly after the start of the official Challenge at the East Clinton Elementary School start/finish line.

Supporter "non-run" packages



are also available for \$20 each and include an official UCP Krispy Kreme Challenge T-shirt and a coupon for one dozen glazed Krispy Kreme doughnuts. You may register at www.ucphuntsville.org or contact our office at 859-4900 for a registration form.

We hope to see you there!



IN THE SPOTLIGHT...

Meet UCP Physical Therapist Cheryl Ramos

Each quarter, we will feature a different staff member.

This month, we are spotlighting Cheryl Ramos, DPT. Cheryl completed her Doctor of Physical Therapy in 2008 and joined UCP in 2009.

Cheryl has experience with the

special needs population after teaching at the Alabama School for the Deaf for 11 years.

She taught both children who were deaf as well as children with multiple disabilities in the primary and middle Schools.

Cheryl is a Board Certified

Physical Therapist who sees children through Early Intervention and Children's Therapy Services for outpatient therapy.

She is also fluent in sign language. Cheryl assists in playgroups and our summer "Camp I Can."

TECHNOLOGY ASSISTANCE FOR SPECIAL CONSUMERS (T.A.S.C.)

T.A.S.C.'s mission is to provide individuals with disabilities, their families, and/or advocates, and associated professionals access to assistive technology devices, and services to increase independence at home, school, and work.

T.A.S.C. is housed in UCP's Training and Technology Center at 1856 Keats Drive in Huntsville. Services include a computer resource center, lending library of specialized technology or software, Assistive Technology Evaluations, Augmentative and Alternative Communication Evaluations, and professional and family training.

T.A.S.C. has recently been awarded a new grant and state contract. ACDD

(Alabama's Council for Developmental Disabilities) has funded project ACT (Accessible Computer Training). Individuals with disabilities will have access to basic computer training both online and in the community. STAR (Alabama's Assistive Technology Resource, a federally funded program) has awarded T.A.S.C. with the state training contract in assistive technology.

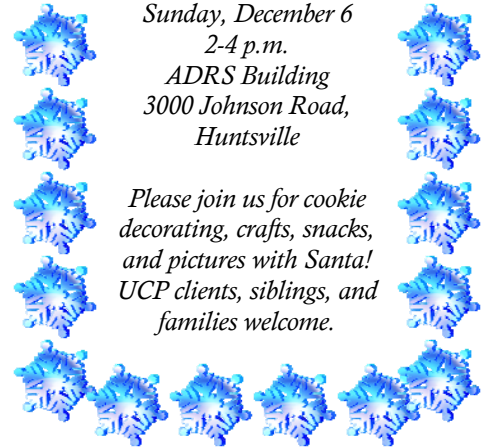
T.A.S.C. will provide online, webinar, and on-site training in assistive technology for professionals and family members of individuals with disabilities. For more information, visit <http://tasc.ataccess.org> or contact T.A.S.C. at 859-8300. (Please note T.A.S.C.'s website will change to www.ucptasc.org on 10/31/09.)



Family Holiday Party

Sunday, December 6
2-4 p.m.
ADRS Building
3000 Johnson Road,
Huntsville

Please join us for cookie decorating, crafts, snacks, and pictures with Santa! UCP clients, siblings, and families welcome.



Join us for Art Stops!



Every 2nd and 4th Thursday, artist Renee Prasil hosts an afternoon of art exploration. Sessions are drop-in and run 2:30-4 p.m. at our Max Luther Drive center. Open to children with special needs and their siblings.

H.E.A.R.T.S.

Need a break? HEARTS is a project funded by Children's Trust Fund offering respite care for families of children under the age of 19 with any type of disability as well as parent education and support.

CPR training is available for parents and caregivers.

Please contact Stephanie Wright at 852-5600 ext. 102 for more information or to register for CPR training.



Waste Not cleans, repairs, and recycles donated assistive technology and redistributes it free of charge. Donations accepted and redistributed include wheelchairs, scooters, walkers and canes, shower chairs, hospital beds, computers, and miscellaneous medical equipment and supplies.

For additional information, contact Annie Iverson at 852-5600.



Alabama Respite

Alabama Respite has received funding from the Department of Mental Health to provide voucher respite services for caregivers of individuals any age who have an intellectual disability.

Contact Java Bennett at 859-4900 for more information.

EQUIPPING FAMILIES FOR SUCCESS

Raising a child takes a lot of work, especially a child with Special Needs. The upcoming holidays can be a particularly stressful time as well. Through our Equipping Families for Success program, Licensed Profession Counselor Marilyn Lands leads two parent groups on Monday mornings at 9 and 10:30 a.m. at the Max Luther Drive Center. These groups

are open to all parents or caregivers of a child with special needs, regardless of age. Come, share and learn!

Individual and family counseling sessions are also available.

For more information, or to schedule an appointment, contact Annie Iverson at 852-5600.

Childcare Enhancement with a Purpose (CCEP)

Free training for Childcare Providers!

October training sessions:
Inclusion, Sensory Processing, Child Development, and Positive Guidance
Parents welcome, but registration is required

Oct. 12, 15, 19, 20, 26
6:30-8:30 p.m.
1856 Keats Drive, Huntsville

Call Melissa at 859-4900