



featuring

Michelle Holsopple

UCP Kids

Unique Community Programs for Kids

presents

Out 'n' About All About Travel Awareness

Thursday, March 27, 2008

6:00 to 9:00 p.m.

Registration opens at 5:30 p.m.

UCP Community Service Center in Oakland - Pittsburgh, PA

FREE Parking!

About the Workshop

TRAVEL AWARENESS ... what do you think of when you hear that term? Perhaps you think of a young adult learning to use the bus or make their way to a new job. Or maybe you are like many people who have never heard of travel awareness at all! Ultimately, travel awareness is all about **independence** and it is never too early (nor too late) to begin to prepare a child with a disability for as much independence as possible. Travel is not merely about movement from "here" to "there" and one does not simply follow a prescribed sequence of actions in order to move from "Point A" to "Point B." The ability to safely negotiate a travel situation, whether it is from the classroom to the school cafeteria or from one side of town to the other, encompasses a wide range of skills. Some examples of travel-related skills include, but are not limited to:

- Awareness of the environment around us
- Awareness of personal space
- Ability to initiate actions
- Use of way-finding clues
- Communication skills
- Ability to follow a schedule
- So much more!

Family members, classroom teachers, paraprofessionals, and anyone working with and for youth with disabilities play important roles in supporting the development of travel-related skills when they:

- Introduce travel-related concepts within the home and on family trips, or as part of classroom lessons and school-based experiences
- Use natural opportunities and planned activities to encourage youth to apply travel-related skills and concepts at home as part of their daily routine or within the school as part of the school day
- Facilitate independence, when it is safe to do so, within the home or school through the use of "guided discovery"

Don't miss this informative workshop to learn how to incorporate travel awareness into the everyday lives of children of various ages and ability levels! REGISTER TODAY!

About the Speaker

Michelle Holsopple has been employed by the Allegheny Intermediate Unit since 1998. She personally developed the Travel Instruction Program to provide instruction in pedestrian and other safe travel skills for youth and young adults with disabilities. She has also worked closely with the Intermediate Unit's early childhood programs to develop curriculum to introduce concepts related to safe travel for very young children. Michelle's overall curriculum includes activities to reinforce travel-related skills from preschool through adulthood. She presents this curriculum in a variety of settings including schools and community-based venues. Michelle earned her B.S. in Education from Slippery Rock University and is a Pennsylvania certified teacher in both Elementary Education and Special Education.

Workshop Fees

Family Members	\$15
Professionals	\$20

**Fee includes: Workshop • Resource Packet
Appetizers and Beverages • Parking**

Act 48 and Social Work credits are available
For an additional processing fee of \$5.

Important Information: Registered individuals will be sent via e-mail a confirmation with detailed directions to the event. Payment instructions are provided on the registration line. Registered individuals who must cancel prior to the registration deadline will be issued a refund which may take several weeks to process. Registered individuals who do not cancel prior to the deadline and who fail to attend the event will NOT be given a refund, as workshop logistics are based on attendance numbers on the date of the registration deadline.

This program is offered for 3.5 hours of social work continuing education through co-sponsorship of the University of Pittsburgh's School of Social Work, a Council on Social Work Education-accredited school and, therefore, a PA pre-approved provider of social work continuing education.

These credit hours satisfy requirements for LSW/LCSW, LPC and LMFT renewal. For information on social work continuing education, call 412-624-3711.

**Registration
Deadline
3/24/08**

Registration Information

To register for this event, call the UCP CARES information line at 412-683-7100 ext. 1030 and follow the instructions provided.

Hurry! Space is limited!

For questions ONLY, e-mail ucpcares@ucppittsburgh.org.